



Y News Quarterly

Volume VI Number 1 January-March 2011



YMCA of Cecil County

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A Message from our Executive Director...

I would like to take this opportunity to thank everyone who donated so generously during the Christmas season. Once again this year we placed a Scholarship Tree in our lobby area. The donations from this tree went directly to a child who is currently participating in our YMCA scholarship program, or to the scholarship fund. I am proud to say, the scholarships for 2010 have surpassed \$150,000. In addition, I would like to thank the YMCA staff and child care parents who participated in our holiday food/coat drive program.

In 2010, the state of the economy was the main topic of discussion. This was particularly true for non-profit organizations like the YMCA. However, it is important we continue to focus on our mission of serving the community, which is continuing to offer programs that build healthy mind, body, and spirit.

George C. Patchell

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Executive Director

NOTICE:

As of March 1, 2011 Membership Rates will increase at a rate of 3.0%

As an example:

A "Single Adult" yearly membership will move from \$ 415 (2010) to \$427(2011) – an increase of \$12 per year, or 1.00 per month.

GENERAL INFORMATION

The Spring/Summer Program Guide will be available on March 1, 2011. New membership and program fee increases will take effect on March 1st. Percentage increases for memberships will be posted.

CONGRATULATIONS TO CHUCK PAFF, THE WINNER OF THE RAVENS CHEST.

For the first time, financial scholarships surpassed \$150,000. The YMCA believes everyone should have the opportunity to become members, participate in programs, and enjoy the YMCA experience regardless of one's socio-economic background. Therefore, financial scholarships play an integral part in the YMCA mission.

Cancellation Information:

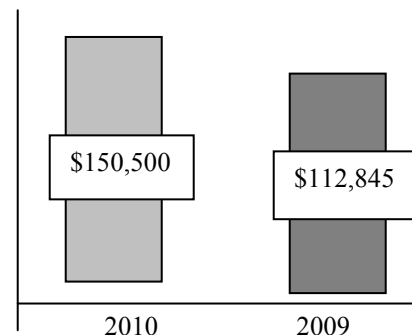
Radio Stations for Cancellations are: WJBR99.5FM WXCX103.7FM WSTW 93.7FM WDEL 1150AM or check our website or facebook page.

Wish List...

The YMCA of Cecil County has the following items on its "Wish List" for 2011:

- TV sets
- Child Watch Supplies
- Computers
- DVD's
- Printers
- Preschool Puzzles
- Books

YMCA Financial Scholarship



In the Swim of Things...

Matt Wilson-Aquatics Director

Hope everyone enjoyed their holidays. Now let's get ready for the start of a new year.

The pool will be closed Saturday, January 15th and 22nd at noon. These are the last Dolphin swim meets for the winter season. This will only affect swim lessons ending after 12:00 Saturday mornings.

The January swim lesson sessions start Monday, January 3rd. We have a great group of instructors ready to help your child become water safe. Sign up now to get a class that best fits your schedule.

Water aerobic classes will also start Monday, January 3rd. Class sizes are growing, so sign up now. It is a great way to get in shape while having low impact on your joints.

News from the Front Desk...

Michele Nordmark, Office Manager

Well, it's once again that time of year... New Year's Resolutions! What better time to register for one or more of our Winter Aerobics Session I classes, that are set to begin just after the new year!

As is typical this time of year, we expect to see an increase in our memberships. Particularly during this "boom" in the fitness areas, please remember your gym etiquette: 30-minute time limit on all cardio equipment, wipe down all equipment after usage to help prevent the spread of germs (paper towels and cleaning solution are provided for you throughout the gym), no foul language and no slamming weights!

Don't forget to check out just inside the cover of our Program Guide, to find out what free programs or classes are approaching, so you may take advantage of some bonus advantages of membership here at the YMCA of Cecil County. Please visit our Front Desk to register or to receive any additional information regarding these or any other programs.

Children's Corner

Amy Sexton

Child Care & Youth Development Director

It has been a very busy school year thus far. Our full day preschool only has a couple spots available. We do have some openings in our half day am classes. Enroll now and help prepare your child for Kindergarten. Family swim night will be in February, forms will be available in January to sign up the entire family. Enrollment for full day and half day preschool will begin in March for the 2011-12 School Year. Also, Summer Camp registration will begin March 1. Sign up early to ensure a spot. Any questions or concerns please call Ms. Amy or Ms. Liz at the YMCA.

Fitness Fun...

Janice Gavin, Fitness Director

The YMCA Fitness Department is gearing up for another exciting new year. **Cycling** has arrived at our YMCA and if you have not experienced the ride you need to sign up now before the classes fill up. Our aerobic session for new classes will be starting on **January 3rd**. The schedule is full of new as well as some of our old favorite classes. From Zumba to Kettlebells, Kickboxing, Step, Yoga, Pilates, ½ hr classes, 45 minutes, to an hour, core and all over body workouts are available at the YMCA. We also have Martial arts for just about any age group, Dance classes, Gymnastics classes and more. Enter to win **4 Free Sessions** with one of our certified Personal Trainers. It will be a different Trainer each month. Look for one of the drawing boxes located in several areas in the building for details. **It's Hard to come with a good excuse not to belong to the YMCA of Cecil County! Happy New Year!**

Program News...

From the Desk of John Kampes, Associate Director

The Youth Basketball Program is successfully under way. Please be aware that this is a large program consisting of 700 children, which will utilize the entire gym every night of the week as well as Saturday mornings and afternoons.

The YMCA will offer Recreational Spring Basketball once again beginning in March. There will be a boys and girls division for grades 5-12. Teams practice and play at the YMCA on Sunday afternoons. Registration begins February 1st and practice/play begins in March.

The Men's Basketball program will be preparing for another high flying season, which will begin play in March. Please contact Ken "Buck" Coursey in the Evening Facility Supervisors office for more information. The league will play games on Saturday mornings!

JANUARY 2011

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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

1=New Year's-Closed
17,24,& 25=Schools' Out Program
15 & 22=Swim meet pool closed 12 noon

FEBRUARY 2011

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

11=Parent's Night Out
21= School's Out at YMCA and Perryville location

MARCH 2011

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

1=Spring/Summer Brochure available
1=New membership & program fees implemented
1=Summer camp registration begins
4=School's Out