



# Y News Quarterly

October & November 2009



## YMCA of Cecil County

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### A Message from our Executive Director...

The YMCA of Cecil County believes everyone should have the opportunity to become a member, participate in programs, and enjoy the YMCA experience regardless of one's socio-economic background. Therefore, financial scholarships play an integral part in the YMCA mission.

An indicator to the current economy situation reveals scholarships have increased 20% from this time period last year. The YMCA is privileged to play our part in the community, by offering financial assistance. For instance, 10% of the 250 children participating in Jaguar football & cheerleading are on 100% full scholarships.

The 7<sup>th</sup> Annual YMCA Golf Tournament Fundraiser was held on Friday, August 21<sup>st</sup> at Chesapeake Bay Golf Club in Rising Sun. Unfortunately, the tournament was cancelled due to rain after six holes. However, we were able to raffle off our donated items, and prizes. In addition, I would like to express my sincere appreciation to the over 60 sponsors of this year's event for their continued support.

*George C. Patchell*

George C. Patchell  
Executive Director

## GENERAL NEWS

Once again, the YMCA will be teaming up with the Cecil County Help Center for the upcoming holiday seasons. This fall we will be placing our autumn tree in the front lobby for those individual's wishing to donate food, coats, mittens, and hats. Again, these programs are in conjunction with the Cecil County Help Center, and are distributed to needy individuals and families in Cecil County.

In addition, there will be a Scholarship Tree in the lobby after Thanksgiving. This tree will benefit children who attend YMCA programs on financial scholarships. Therefore, items may be donated based on the need of each individual child. The tree will also contain monetary donation opportunities to the scholarship program.

Just a reminder, our Perryville site is open. We offer a variety of programs. The site is located at Cifaldo Community Center on Elm Street in downtown Perryville. There were over 35 children enrolled in our summer camp program, and currently almost every aerobic class is filled to capacity. See our program guide for more information.

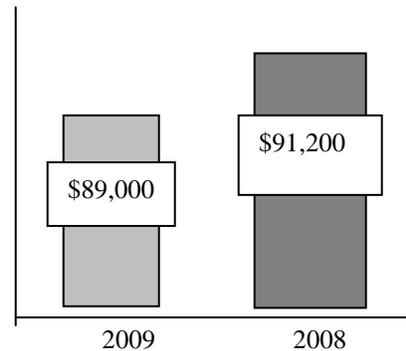
## Wish List...

The YMCA of Cecil County has the following items on its "Wish List" for 2009:

- TV sets
- VCR's
- Computer accessories
- Computers
- DVD's
- Printers

Donations are greatly needed and appreciated!

## Scholarship Total



## Program News...

*From the Desk of John Kampes, Program Director*

**GYMNASTICS-** The YMCA will once again offer youth gymnastics beginning on September 8<sup>th</sup>. This program is structured to develop confidence, coordination, balance and flexibility through basic tumbling and gymnastics skills.

**YOUTH BASKETBALL-** Recreational Youth Basketball League registrations will begin in September. Players are taught basketball fundamentals and given the opportunity to demonstrate their learned skills in games. Practices will begin in November. Please read the new Fundraiser Policy for this program. The basketball program will begin the week after the Thanksgiving Holiday break.

**FIELD HOCKEY-** The YMCA will offer a fall outdoor field hockey program. It will include instructional time during the week and "play days" on specified Sundays.

**VOLLEYBALL-** Youth Volleyball is back!! We now have six teams in the program. Players are taught volleyball fundamentals and given the opportunity to demonstrate their learned skills in controlled scrimmages.

**JAGUARS-** If you get the chance please stop out and support the boys and girls playing and cheering in the Jaguar Football Program. Games are held at the YMCA on specified Saturdays.

United Way



**News from the Front (Desk)...**

Sherry Dempsey, Office Manager

With school now in session, the air turning crisp and the trees starting to shed their leaves, why not think about a fresh start for you...with an exercise program that is! We offer a variety of great programs such as yoga, pilates, body sculpting and youth fitness classes just to name a few. I personally recommend the new Capoeira class (see Aerobics brochure for details)! With the children's X-er game room open for ages 6-13, we now have something for the whole family to keep active! Please see our friendly front desk staff to register or inquire about any of our programs.

**In the Swim of Things...**

Matt Wilson, Aquatics Director

Aquatics programs are gearing up for a busy fall/winter season. We have added two new FREE programs on top of the usual suspects. Currently running is the Race to 100K. It is geared toward making the lap swimmers a little more motivated. The first three swimmers to swim 100K yards will receive a \$25 credit toward the Y. It can be used on anything at the Y. Swimmers are asked to register at the front desk, & keep tallies of what they swim each day on the score board, located on pool deck. We will also have Raft Nights. Members can bring their own rafts to the pool for the evening, and lounge at the pool. Dates and times are posted.

Our lifeguard classes will be getting started very shortly. We will be having 4 classes this session. The first class will be held October 10, 11, 17, 18. Check the program guide for class times.

The Dolphin Swim Team is off to a strong start. There are currently 100 swimmers on the team, and looking to add more. There is no cut off date or capacity limit on the team. Check the guide for practice days and times.

Swim lessons continue to plug along. The next session starts October 26<sup>th</sup>. Look for a discount brochure in the coming weeks. To be used on the next two sessions of lessons. Take advantage of our great instructors.

**Kids Corner: Amy Sexton,****Child Care & Yth Development Director**

We are still enrolling in our half day and full day preschool program. The Leeds Before & After School program is almost full, with only two spaces available. Please welcome our newest staff member to our preschool program – Sharon Lucas. This years Martin Fundraiser will take place the month of October. Class pictures are scheduled to take place on November 11<sup>th</sup> and 12<sup>th</sup>. Our Scholastic Book Fair begins the last week in October. *Think about the Holidays* - If you don't have children in our Child Care program but would still like to support the YMCA, please stop by the child care office to place an order. Also, stop by the Book Fair and purchase books for gifts. Remember both of these fundraisers support the YMCA Learning Center.

**Fitness Fun...**

Janice Gavin, Fitness Director

Our personal trainers have been very busy this summer and are gearing up for a very busy fall. No excuse! The **YMCA of Cecil County** is equipped to meet your **fitness** needs as well as a wide variety of **family fun**. Yoga, gymnastics, karate, and a variety of aerobic classes, from beginner to hard core, kick you in gear classes to help you stay focused thru the holidays. Don't forget, we have a Bus Trip to New York City, free community talks from specialists, Safesitter classes for youth and so much more. Come and join the **FUN!**

**October 2009**

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

16= School's Out

**November 2009**

						1
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
	30					

6&9=School's Out  
 14=Swim Meet pool closed at 12noon  
 21=Swim Meet pool closed at 12noon  
 25 & 27= School's Out  
 26=Closed in observance of Thanksgiving

**December 2009**

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

23,28,29,&30= Holiday Camp School's Out  
 24=Closed at 12pm  
 25=Closed  
 31=Closed at 12pm