



# Y News Quarterly

October & November 2010



## YMCA of Cecil County

25 YMCA Boulevard  
Elkton, MD 21921

Phone: 410-392-YMCA

[www.ymcacecil.org](http://www.ymcacecil.org)

### A Message from our Executive Director...

The YMCA of Cecil County believes everyone should have the opportunity to become a member, participate in programs, and enjoy the YMCA experience regardless of one's socio-economic background. Therefore, financial scholarships play an integral part in the YMCA mission.

Financial scholarships have increased 30% from this time period last year. The YMCA is privileged to play our part in the community, by offering financial assistance. For instance, 10% of the 250 children participating in Jaguar football & cheerleading are on 100% full scholarships.

The 8<sup>th</sup> Annual YMCA Golf Tournament Fundraiser was held on Friday, August 20<sup>th</sup> at Chesapeake Bay Golf Club in Rising Sun. I would like to express my sincere appreciation to the over 50 sponsors of this year's event for their continued support.

*George C. Patchell*

George C. Patchell  
Executive Director

## GENERAL NEWS

**Cycling Classes have arrived. See our aerobics brochure for date(s) and time(s).**

**Drop-In Classes**-You may also participate in any of our aerobics classes on a drop-in basis. Simply register at the front desk before participating in the class.



### Attention Ravens Fans.....

You may have noticed a Ravens Chest filled with memorabilia located in the lobby area. Donation tickets are available at the front desk. Donations from this event will help support our financial scholarship program. A special thanks to Wally Patterson for building and donating the chest.

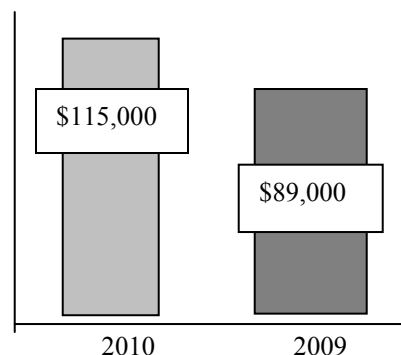
Once again this fall we will be placing our autumn tree in the front lobby for those individual's wishing to donate food, coats, mittens, and hats. Again, these programs are in conjunction with the Cecil County Help Center, and are distributed to needy individuals and families in Cecil County.

### Wish List...

The YMCA of Cecil County has the following items on its "Wish List" for 2010:

- TV sets
- Computer accessories
- Computers
- Office Furniture
- DVD's
- Printers

### Scholarship Total



## Program News...

*From the Desk of John Kampes, Program Director*

**YOUTH BASKETBALL**- Recreational Youth Basketball League registrations will begin in September. Players are taught basketball fundamentals and given the opportunity to demonstrate their learned skills in games. Practices will begin in November. Please read the new Fundraiser Policy for this program. The basketball program will begin the week after the Thanksgiving Holiday break.

**FIELD HOCKEY**- The YMCA will offer a fall outdoor field hockey program. It will include instructional time during the week and "play days" on specified Sundays. Upgrades and improvements to the program should make for another exciting year!

**VOLLEYBALL**- Youth Volleyball is back!! We will offer a skills and drills clinic for both coaches and players this year. Players are taught volleyball fundamentals and given the opportunity to demonstrate their learned skills in controlled scrimmages.

**JAGUARS**- If you get the chance please stop out and support the boys and girls playing and cheering in the Jaguar Football Program. Games are held at the YMCA on specified Saturdays.



***News from the Front (Desk)...***

Michele Nordmark, Office Manager

With school now in session, the air turning crisp and the trees starting to shed their leaves, why not think about a fresh start for you... with an exercise program that is! We offer a variety of great programs such as yoga, pilates, body sculpting, swim classes and youth fitness classes just to name a few. I personally recommend the cycling for members (see the cycling brochure for details)! We also have the children's X-er game room open for ages 6-13 see times. Please see our friendly front desk staff to register or inquire about any of our programs.

***Kids Corner: Amy Sexton,***  
*Child Care & Yth Development Director*

Welcome to the YMCA Learning Center. We are off to a great start this school year. We sill have a few spots left in our program. Please stop by the office if you have any questions. This years Martin Fundraiser will take place in the month of October. Class pictures are scheduled to take place on November 10<sup>th</sup> and 11<sup>th</sup>. Our Scholastic Book Fair will be held October 25-29. *Think about the Holidays* - If you don't have children in our Child Care program but would still like to support the YMCA, please stop by the child care office to place an order. Also, stop by the Book Fair and purchase books for gifts. Remember both of these fundraisers support the YMCA Learning Center.

***In the Swim of Things...***

Matt Wilson, Aquatics Director

Hope everyone has had a great summer, now its time to brace ourselves for the cold. Our fall schedule is gearing up, and I am very excited about the changes we have made to some of our programs.

\*Fall/Winter Swim Team starts on September 20<sup>th</sup>. The team is growing every year, and practice times have been expanded to accommodate that growth. The new practice schedules can be found in the program guide or on the pool bulletin board. There are 4 home meets this season. The pool will be closed during meets and open once they are finished. The meet schedule will be posted in the locker rooms and pool bulletin board.

\*Group swim lessons have been slightly modified. All classes run for 45 minutes, while keeping the same prices. We have also reduced the number of classes offered.

\*Lifeguard classes will be offered in October and November. Dates and class times are listed in the program guide.

***Fitness Fun...***

Janice Gavin, Fitness Director

The **YMCA of Cecil County** is now offering **Cycling classes** for our Members as well as a wide variety of other classes such as: Yoga, Pilates, Strength and Cardio classes, Step, Zumba from beginner to hard core, early morning, mid-afternoon, to late in the evening. Drop- ins are welcome! Safe Sitter classes, Karate, Drawing, Youth Circuit training, Dance and gymnastic classes for the Youth. We have bus trips to New York City and a Large House Party in the Fall! The YMCA of Cecil County is your one stop Fun center.

October 2010						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
15= School's Out						

November 2010						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
2,8,9, 24 &26=School's Out 24=Ravens Chest Drawing 25=Closed in observance of Thanksgiving						

December 2010						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
11=Swim Meet pool closed at 12noon 22,23,27,28,29,&30= Holiday Camp School's Out 24=Closed at 12pm 25=Closed 31=Closed at 12pm						