

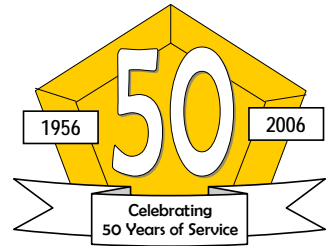


YMCA of Cecil County, Inc.

Y News Quarterly

Newsletter for the YMCA of Cecil County

Volume III Number 9 April, May, June 2009



We build strong kids, strong families, strong communities.

YMCA of Cecil County

25 YMCA Boulevard
Elkton, MD 21921

Phone: 410-392-YMCA

www.ymcacecil.org

A Message from our Executive Director...

Healthy Kids Day will be held here at the YMCA on April 18th. Join the fun, and help your child(ren) understand the importance of a healthy-lifestyle. There will be games, food, and prizes. **FREE FOR ALL!**

Perryville Spring fling will be held on May 9th, on the corner of Board Street and Round House Drive, in the field across from Rodgers Tavern in downtown Perryville. There will be games, food, and prizes.

Just a reminder, please do not leave any valuables in your car, which may be visible from the outside. This becomes an easy target for thieves who are looking to break-into automobiles. Please bring those items inside the "Y", and store them in a locked locker.

George C. Patchell

GENERAL INFORMATION

The YMCA of Cecil County lost one of its family members;

Chris Tereszczuk passed away suddenly on March 12, 2009. Since losing his sight at the age of 21, Chris was determined not to allow his disability deter him from the things he loved. This included receiving his personal training/fitness certificate.

Extremely well liked by all who met him, Chris showed a genuine openness to anyone he spoke to. Most people were impressed with his "can do" positive outlook on life, and he was an inspiration to many.

**Chris will be missed by all who knew him.
May 8, 1981-March 12, 2009**

Fitness Fun.....

Janice Gavin, Fitness Director

WOW! Have you seen all the programs the **YMCA of Cecil County** has to offer? Grab our new Spring/Summer catalog and check it out. Not only do we have a variety of Aerobic classes, Step, Strength, Zumba and much more, but also some great bus trips planned as well. We have also added Parent and Me classes, gymnastics, and dance for the younger YMCA participants.

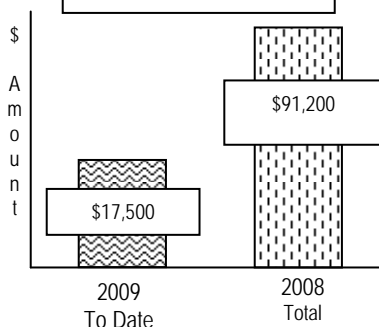
Our **Personal Trainers** are here to challenge you and get you ready for the spring/summer months ahead. We offer **1/2hr** Personal Training sessions for \$25. Weight Management consultations and Sports Nutrition are also available.

YMCA Healthy Kids Day is April 18th and we plan on having just as much fun or more than we did last year. Come and check it out. Free to the community.

Program News... *John Kampes, Program Director*

Register now for Summer Camps!!! Camp is offered at the New Perryville location, as well as, Camp Chesapeake, here at the YMCA. The camps are for children ages 6 through 12 who want to have an exciting time while interacting in a fun atmosphere. Summer camp begins the week of June 22nd.. Please note there is limited space available! Register early! *The YMCA Jaguar youth football and cheerleading registrations will be held on April 11th- 9:00am-12:00pm at the YMCA. This program is available to youth ages 6-12. No tryouts and no cuts!! Anyone who registers after April 11th must pay a late fee.* The YMCA will be offering a **FREE** youth volleyball clinic for students in grades 6-7-8. This two day clinic is limited to the first 24 kids that register and will be held on April 18th & 25th from 9:00am-12:00pm. The clinic will be instructed by Richard Bowers. Participants **MUST** pre-register. *Stop by and watch our Women's adult basketball league on Monday nights. The ladies lace them up every Monday at 6:30pm in March and April.*

YMCA of Cecil County
Annual Scholarships



News from the front (Desk)...

Amanda Harding, Office Manager

Spring weather is officially upon us, you know what that means... bathing suit just around the corner! Now is a great time to get started on a fitness plan if you haven't done so already. We are here to help you meet those goals! The YMCA of Cecil County offers personal training sessions with our certified fitness coordinators at a very reasonable rate. Please inquire at the front desk for more details. We now carry bathing suits and towels along with other great new merchandise in the front lobby display case...check it out!

While doing your spring cleaning this season, please keep our babysitting room in mind. We are always accepting new or gently used baby/children equipment and toys. Any donation would be greatly appreciated!

In the Swim of Things...
MATT WILSON, AQUATICS DIRECTOR

Exciting times have started in the Aquatics Department.

- Many of you may have noticed that the pool area is under going a face lift. Painting is nearly complete on all walls and I-Beams in the pool. Mike Dacey has taken on the task and done an outstanding job.
- With spring around the corner, now is the time to get kids enrolled in our swim lesson program. The YMCA currently has an exceptional group of instructors. Sign up now to grab your spots for group & private lessons.
- Intensive lessons start once school is out. If you want a more accelerated learning environment for your child, this is the ticket. These classes do fill fast, so sign up now!
- The YMCA has started offering Pool Parties Friday nights. Parties start at 7:00pm and run till 9:00pm. See the front desk for all party scheduling.
- The Y will offer three lifeguard courses this spring. Lifeguarding is a great summer job, and the YMCA's Red Cross program is one of the cheapest in the area. The program also handles re-certifications for any guards looking to be ready for the start of the summer.

Kids Corner:

Amy Sexton, Child Care & Youth Development Director

The YMCA is now enrolling for summer camp, half day and full day 3 year old preschool for next year. Please come in and enroll your 3-5 year old for our Summer Preschool Camp. Sign up for 2, 3 or 5 days a week, half-day, am or pm sessions. Those who have children entering Kindergarten in the fall, or who have just completed Kindergarten this year can sign up for our day-long Kindergarten Camp. Please remember to mark your calendar - Healthy Kids Day is a National YMCA program that promotes healthy lifestyles for children will be held on Saturday, April 18th from 9:00 to 12:00 in the gym. Please plan to bring your children for a day of fun, free of charge.



1956-2006

“Celebrating 50 Years of Service”

APRIL 2009						
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<p>10= Closed Good Friday 11= YMCA Jaguar Football & Cheerleading registration - 9 am - 12 pm 12=Closed for Easter 18= Healthy Kids Day</p>						

MAY 2009						
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31						
<p>9= Perryville Spring Fling 25 = YMCA Closed - Memorial Day</p>						

JUNE 2009						
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<p>22 =YMCA Summer Camp programs begin</p>						