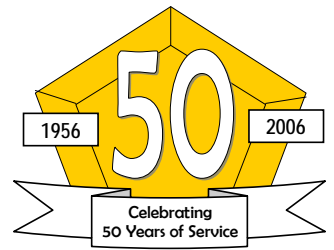




# Y News Quarterly

Newsletter for the YMCA of Cecil County

Volume III Number 10 July, August, September 2009



We build strong kids, strong families, strong communities.

## YMCA of Cecil County

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Elkton, MD 21921

Phone: 410-392-YMCA

[www.ymcacecil.org](http://www.ymcacecil.org)

### A Message from our Executive Director...

We will be offering several free classes to our members beginning with the Fall/Winter Brochure. The brochure will be available on Saturday, August 1st. Some of the classes will include; Parents Night Out, Fitness Challenge, Kids Free Throw Shooting Contests, Family Nights, Multi-faceted Aerobic Classes, and much more. These free classes add considerable value to your membership, and an opportunity to participate in family programming.

The 7th Annual YMCA Golf Tournament Fundraiser will take place on Friday, August 21st at Chesapeake Golf Club Rising Sun. There are four different sponsorship levels available for purchase. The proceeds of this event will go toward supplementing our many youth programs. I hope to see you on the course!

*George C. Patchell*

George C. Patchell, Executive Director



### GENERAL INFORMATION

**Loretta Murray- Passed away on Thursday, June 18, 2009. Loretta was a receptionist here at the YMCA for 9 years.**

**Loretta loved being with her family, cooking, and crocheting. She was a very pleasant, caring person, who was liked by all her knew her.**

**She will be dearly missed by our YMCA Family.**

### *Fitness Fun.....*

*Janice Gavin, Fitness Director*

This summer the YMCA has a great opportunity not to miss out on classes because of vacation.. We are offering 2 four week sessions. These classes include "gliding," "burn and stretch", Zumba, boot camp, a variety of yoga and Pilates classes.

Our free fitness challenge is almost completed, who will be the winner? The YMCA now offers "partners in training". So get your buddy and train with one of our Certified Personal Trainers.

Research shows, active people tend to have a more positive outlook, and increased energy levels. Summer is the time to find activities you enjoy and relish your body's strength, power, health and vitality.

### Program News... *John Kampes, Program Director*

#### **Recreational Youth Basketball League:**

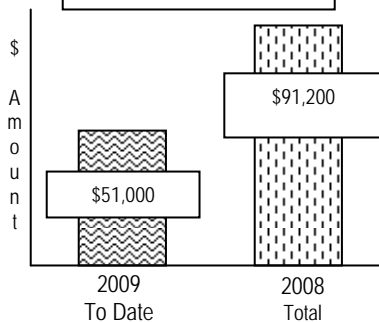
Registration begins September 8th; the season will start after the Thanksgiving holiday. Teams practice once a week in their community and play an eight game schedule at the YMCA. Every player will receive a YMCA Basketball T-shirt! Players are taught basketball fundamentals and given the opportunity to demonstrate their learned skills in games. All players are placed on teams within their geographical location/school district.

#### **Youth Field Hockey:**

Register now for youth field hockey. We will offer three different programs; outdoor, indoor and an instructional clinic. Register for one or all three programs to improve your skills.

**Jaguar Youth Football & Cheerleading Program** - The YMCA Jaguar Youth Football and Cheerleading league will begin its 12th season in August. This program is available to boys and girls ages 5-14. No tryouts and no cuts!!! There is still time to register.....SIGN UP NOW!! A new Jaguar refund policy that has been implemented for the 2009 season.

YMCA of Cecil County  
*Annual Scholarships*



**News from the front (Desk)...**

*Amanda Harding, Office Manager*

Come see our friendly front desk staff ! We can help you chose the right membership plan for your budget needs! Learn how you can upgrade your short term (3 or 6 month plan) membership into a one year plan for a substantial savings as well as set you up on a monthly bank-drafted contract. We would be more than happy to help you explore your options!

Also, once again we're offering an excellent summer membership deal for college students! The cost is a flat \$60.00 (no new member fee!). All summer college memberships will expire on 8/31/09 regardless of the sign up date. A college ID is required at sign-up to take advantage of this membership special.

***In the Swim of Things...***

**MATT WILSON, AQUATICS DIRECTOR**

\*\*The YMCA is now offering \$25 off any swim lesson. This offer will last until July 31<sup>st</sup>, and is redeemable with coupon only. Act now and get the same great swim lessons for half the price.

\*\*The Pool will be closing for, 4 home swim meets this summer. The dates of the meets are as follows: Monday, June 22<sup>nd</sup> / Thursday, June 25<sup>th</sup> / Thursday, July 16<sup>th</sup> / Thursday, July 23<sup>rd</sup>. The pool will close at 4:00pm on those dates and reopen once the meet is completed.

\*\*Lap Swimmers- Pool Policy mandates that there is always at least one lane available for lap swimming. For the majority of the day we provide 2 to 3 lanes. This is still the case even when Camp Chesapeake uses the pool.

\*\*Once Camp Chesapeake starts using the pool, starting June 22<sup>nd</sup>, the pool vacuuming will take place in the evenings, or early morning.

\*\*Please bring all questions and concerns to my attention.

***Children's Corner:***

*Amy Sexton, Child Care & Youth Development Director*

Enrollment is on going for our Fall Half-Day & Full-Day Preschool program. We are also accepting registrations for our 5 Before and After School programs. Please contact the Preschool office if you are interested in enrolling your child(ren). Our Book Fair and Art Exhibit Fundraiser was a huge success. Thank you to all who supported our program by either purchasing books or volunteering your time. Our next big fundraiser will begin in fall, which will be our Martin Fund Raising / Wrapping Paper sale. Look for catalog in early October (everything will be shipped in time for the holidays).

**Camp Chesapeake** - The YMCA of Cecil County offers a nine week summer day camp for children 6-12 years old. Camp activities include both indoor and outdoor recreation, arts/crafts, and swimming. Weekly field trips, such as Roller Skating, Ice Skating and more are also included. The Cecil County Public Library provides the "Book Mobile" each Monday. All campers may check out reading materials, as well as, enroll in the library's summer reading program. The Cecil County Health Department also provides the "Safe Kids Summer Camp" program to help educate the campers on matters such as health and hygiene, proper nutrition, traffic safety, and drug and alcohol abuse awareness. Camp activities run from 9:00 am – 3:30 pm daily. Before & After Care are also provided (at no additional cost = Before Care from 7:00 am – 9:30 am, After Care from 3:30pm – 5:30 pm.) Extended After Care is available until 6:00 pm for an additional \$2.00 a day. **SIGN UP NOW AND JOIN IN THE SUMMER FUN!!!**

July 2009						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
4= Independence Day-Closed 16 & 23= Pool closes at 4pm for home swim meets.						

August 2009						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
1= Fall/Winter Brochure Available 3= Jaguar Practice begins 21= YMCA Golf Tournament						

September 2009						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
7= Labor Day-Closed 8= Youth Basketball registration begins.						