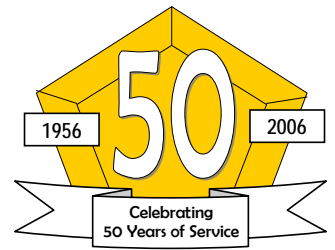




# Y News Quarterly

Newsletter for the YMCA of Cecil County

Volume III Number 11 July, August, September 2010



We build strong kids, strong families, strong communities.

## YMCA of Cecil County

25 YMCA Boulevard  
Elkton, MD 21921

Phone: 410-392-YMCA

[www.ymcacecil.org](http://www.ymcacecil.org)

### A Message from our Executive Director...

The Fall/Winter Brochure will be available on Sunday, August 1<sup>st</sup>, and will feature several free classes for our members. Some of the classes will include; Parents Night Out, Fitness Challenge, Kids Free Throw Shooting Contests, Family Nights, Multi-faceted Aerobic Classes, and much more. These free classes add considerable value to your membership, and an opportunity to participate in family programming.

The 9th Annual YMCA Golf Tournament Fundraiser will take place on Friday, August 20<sup>th</sup> at Chesapeake Golf Club Rising Sun. There are four different sponsorship levels available for purchase. The proceeds from this event will go toward supplementing our many youth programs. I hope to see you on the course!

*George C. Patchell*

George C. Patchell, Executive Director

## GENERAL INFORMATION

You can now find the YMCA of Cecil County on facebook. Our facebook page is filled with important and up to date information, so come, and be our friend.



Mark your calendar....The YMCA's 9<sup>th</sup> annual golf tournament will be held on Friday, August 20<sup>th</sup> at Chesapeake Bay Golf Club in Rising Sun. Tee off time is 1pm shot-gun with a scramble format. We will provide a lunch, and dinner, plus plenty of prizes. So, register today for a fun round of golf for a good cause.

### Fitness Fun.....

*Janice Gavin, Fitness Director*

This summer the YMCA has a great opportunity for **you** so that **you** don't miss out on classes because of vacation. We are offering 2 four week sessions. ZumbAtomic for kids ages 6-12, Cardio Kickboxing, Ab classes, Step, Yoga, Power Pilates and more.

Our new Personal Training Packages are an excellent way to achieve your fitness goals with our friendly certified trainers who are eager to see **you** obtain your goals.

Research shows, active people tend to have a more positive outlook, and increased energy levels. Summer is the time to find activities you enjoy and relish your body's strength, power, health and vitality. Spend the rest of your summer doing the things you enjoy at the YMCA of Cecil County.

### Program News... *John Kampes, Program Director*

#### Recreational Youth Basketball League:

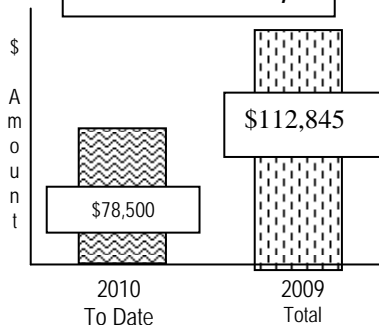
Registration begins September 7th; the season will start after the Thanksgiving holiday. Teams practice once a week in their community and play an eight game schedule at the YMCA. Every player will receive a YMCA Basketball T-shirt! Players are taught basketball fundamentals and given the opportunity to demonstrate their learned skills in games. All players are placed on teams within their geographical location/school district.

#### Youth Field Hockey:

Registration begins August 1<sup>st</sup> for the Fall Outdoor Program. We will offer three different programs; outdoor, indoor and an instructional clinic. Register for one or all three programs to improve your skills.

**Jaguar Youth Football & Cheerleading Program** - The YMCA Jaguar Youth Football and Cheerleading league will begin its 13th season in August. This program is available to boys and girls ages 5-14. No tryouts and no cuts!!! There is still time to register.....SIGN UP NOW!! A new Jaguar refund policy has been implemented for the season.

YMCA of Cecil County  
Annual Scholarships



## News from the front (Desk)...

Michele Nordmark, Office Manager

Come see our friendly front desk staff ! We can help you chose the right membership plan for your budget needs! Learn how you can upgrade your short term (3 or 6 month plan) membership into a one year plan for a substantial savings as well as set you up on a monthly bank-draft contract. We would be more than happy to help you explore your options!

Also, once again we're offering an excellent summer membership deal for college students! The cost is a flat \$60.00 (no new member fee!). All summer college memberships will expire on 8/31/10 regardless of the sign up date. A college ID is required at sign-up to take advantage of this membership special.

## In the Swim of Things...

**MATT WILSON, AQUATICS DIRECTOR**

\*\*The YMCA is now offering "Buy One Lesson Get The Second Half Off" any swim lesson. This offer is only redeemable with coupon, and cannot be split on two swimmers.

\*\*The Pool will be closing for, 3 home swim meets this summer. The dates of the meets are as follows: Thursday, July 8th / Monday, July 12th / Thursday, July 15<sup>th</sup>. The pool will close at 4:00pm on those dates and reopen once the meet is completed.

\*\*Lap Swimmers- Pool Policy mandates that there is always at least one lane available for lap swimming. For the majority of the day we provide 2 to 3 lanes. This is still the case even when Camp Chesapeake uses the pool.

\*\*Once Camp Chesapeake starts using the pool, starting June 21st, the pool vacuuming will take place in the evenings, or early morning.

\*\*Please bring all questions and concerns to my attention.

## Children's Corner:

**Amy Sexton, Child Care & Youth Development Director**

*Looking for something fun to do with your child this summer? There is still time to enroll in one of our summer programs.*

Enrollment is on going for our Fall Half-Day & Full-Day Preschool program. We are also accepting registrations for our Before & After School programs. Please contact the Preschool office if you are interested in enrolling your child(ren). The childcare fundraiser will begin in the fall, which will be our Martin Fund Raising / Wrapping Paper sale. Look for catalog in early October (everything will be shipped in time for the holidays).

**Camp Chesapeake** - The YMCA of Cecil County offers a nine week summer day camp for children 6-12 years old. Camp activities include both indoor and outdoor recreation, arts/crafts, and swimming. Weekly field trips, such as Roller Skating, Ice Skating and more are also included. The Cecil County Public Library provides the "Book Mobile" each Monday. All campers may check out reading materials, as well as, enroll in the library's summer reading program. The Cecil County Health Department also provides the "Safe Kids Summer Camp" program to help educate the campers on matters such as health and hygiene, proper nutrition, traffic safety, and drug and alcohol abuse awareness. Camp activities run from 9:00 am – 3:30 pm daily. Before & After Care are also provided (at no additional cost = Before Care from 7:00 am – 9:30 am, After Care from 3:30pm – 5:30 pm.) Extended After Care is available until 6:00 pm for an additional \$2.00 a day. **SIGN UP NOW AND JOIN IN THE SUMMER FUN!!!**

### July 2010

				1	2	3
				4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

4= Independence Day-Closed  
8, 12, & 15= Pool closes at 4pm for home swim meets.

### August 2010

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1= Fall/Winter Brochure Available  
2= Jaguar Practice begins  
20= YMCA Golf Tournament

### September 2010

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

6= Labor Day-Closed  
7= Youth Basketball registration begins.