

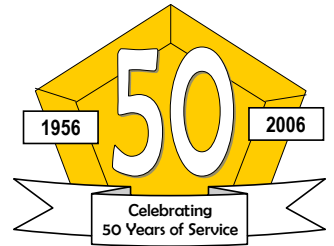


YMCA of Cecil County, Inc.

Y News Quarterly

Newsletter for the YMCA of Cecil County

Volume III Number 10 April, May, June 2010



We build strong kids, strong families, strong communities.

YMCA of Cecil County

25 YMCA Boulevard
Elkton, MD 21921

Phone: 410-392-YMCA

www.ymcacecil.org

A Message from our Executive Director...

Please join us for a night of fun, and a good cause at our annual Cinco De Mayo Fundraising event. Your donation will help support our financial scholarship program.

The YMCA of Cecil County believes everyone should have the opportunity to become members, participate in programs, and enjoy the YMCA experience, regardless of one's socio-economic background. Therefore, financial scholarships play an integral part in the YMCA mission. Last year, we awarded over \$112,000 in scholarships.

Just a reminder, please do not leave any valuables in your car, which may be visible from the outside.

George C. Patchell

George C. Patchell
Executive Director

GENERAL INFORMATION

The YMCA of Cecil County's Annual Cinco De Mayo Fundraiser will be held on Friday, May 7, 2010 from 6-11pm at the Wellwood Club in Charlestown. All proceeds from the event will go directly to support our Financial Scholarship Program.

Featuring:
Mexican Food
DJ
Dancing
Silent Auction/Prizes
Salsa Dancers/Lessons
CASH BAR!

Donation of \$35 per Ticket

Menu Includes: Meal service from 6:30pm – 8:00pm Taco & Fajita Station Chicken Ground Beef Lettuce, Tomato, Cheese, Salsa, Guacamole, onions, peppers, Broiled Tilapia with latin spices Red Beans & Rice Tossed Salad with ranch & citrus vinaigrette dressing Tortilla chips Beverage: Iced Tea, Lemonade or Coffee.



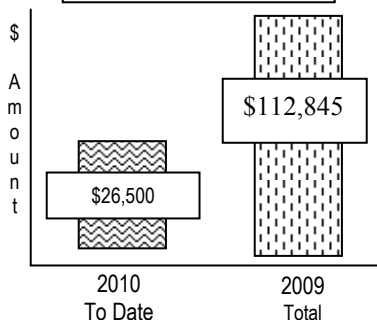
Fitness Fun.....

Janice Gavin, Fitness Director

Many new and exciting programs are available at the YMCA of Cecil County! Karate classes for all age groups. Dance and gymnastics a variety of Aerobic classes such as: step, cardio, strength and conditioning, power flex, express classes that will get you in and out, core Yoga, Yoga for Relaxation, early morning to late in the evening with Zumba and much more. **Get fit for Summer.** Check out our new Personal Training packages that are designed to fit your needs and help you accomplish your goals.

YMCA Healthy Kids Day is 9am-Noon on April 17th! Join the Cecil County YMCA and YMCA's across the country as we celebrate Healthy Kids Day with our community. Free games, healthy information and fun for all.

YMCA of Cecil County
Annual Scholarships



Program News... John Kampes, Program Director

Register now for Summer Camps!!! Camp is offered at the Perryville location, as well as, Camp Chesapeake, here at the YMCA. The camps are for children ages 6 through 12 who want to have an exciting time while interacting in a fun atmosphere. Summer camp begins the week of June 21st. Register early! *The YMCA Jaguar youth football and cheerleading registrations will be held on April 10th- 9:00am-12:00pm at the YMCA. This program is available to youth ages 6-12. No tryouts and no cuts!!* ****NEW** YOUTH FOOTBALL CAMP***** Football Camp is for players ages 8-18. Register now for the camp, we are only taking 100 kids! The YMCA will be offering a FREE youth volleyball clinic in April for students in grades 6-7-8. This two day clinic is limited to the first 24 kids. The clinic will be instructed by Goldie-Beacom College Varsity volleyball coach, Richard Bowers. Participants **MUST** pre-register. Coach Bowers will also offer a **NEW and IMPROVED Youth Volleyball camp the week of June 21st.** See program guide for details.

News from the front (Desk)...

Michele Nordmark, Office Manager

Spring weather is officially upon us, you know what that means... bathing suit just around the corner! Now is a great time to get started on a fitness plan if you haven't done so already. We are here to help you meet those goals! The YMCA of Cecil County offers personal training packages with our certified fitness coordinators at a very reasonable rate. Please inquire at the front desk for more details.

While doing your spring cleaning this season, please keep our babysitting room in mind. We are now accepting children's DVDs , a DVD storage unit, new or gently used baby swings, and children's floor puzzles. Any donation would be greatly

In the Swim of Things...

MATT WILSON, AQUATICS DIRECTOR

The following are some of the great programs starting up this spring. See the Program Guide for more information.

- To all of our members for many thanks while dealing with the hot tub was down. The repairs have been made and it is up and running strong.
- With spring around the corner, now is the time to get kids enrolled in our swim lesson program. The YMCA currently has an exceptional group of instructors. Sign up now to grab your spots for group & private lessons.
- Intensive lessons start once school is out. If you want a more accelerated learning environment for your child, this is the ticket. These classes do fill fast, so sign up now!
- The swim team will be offering Spring Condition, starting April 19th. This program gives swimmers a head start to the summer swim team season. This program rolls right into the start of the summer team schedule.
- The Y will offer three lifeguard courses this spring. Lifeguarding is a great summer job, and the YMCA's Red Cross program is one of the cheapest in the area. The program also handles re-certifications for any guards looking to be ready for the start of the summer.

Kids Corner:

Amy Sexton, Child Care & Youth Development Director

The YMCA is now enrolling children for summer camp & half day and full day preschool for next year. Please come in and enroll your 3-5 year old for our Summer Preschool Camp. Sign up for 2, 3 or 5 days a week, half-day, am or pm sessions. Those who have children entering Kindergarten in the fall can sign up for our day-long Kindergarten Camp. Please remember to mark your calendar - Healthy Kids Day is a National YMCA program that promotes healthy lifestyles for children will be held on Saturday, April 17th from 9:00 to 12:00 in the gym. Please plan to bring your children for a day of fun, free of charge.



1956-2006

"Celebrating 50 Years of Service"

April 2010						
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<p>2= Closed Good Friday 4=Closed for Easter 10= YMCA Jaguar Football & Cheerleading registration - 9 am – 12 pm 17= Healthy Kids Day</p>						

May 2010						
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<p>7=Cinco De Mayo Fundraiser, Wellwood Club 31 = YMCA Closed – Memorial Day</p>						

June 2010						
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<p>21 =YMCA Summer Camp programs begin</p>						