



# Y News Quarterly

October & November 2011



## YMCA of Cecil County

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[www.ymcacecil.org](http://www.ymcacecil.org)

### A Message from our Executive Director...

The YMCA of Cecil County believes everyone should have the opportunity to become a member, participate in programs, and enjoy the YMCA experience regardless of one's socio-economic background. Therefore, financial scholarships play an integral part in the YMCA mission.

Financial scholarships have increased 30% from this time period last year. The YMCA is privileged to play our part in the community, by offering financial assistance. For instance, 10% of the 250 children participating in Jaguar football & cheerleading are on 100% full scholarships.

The 9<sup>th</sup> Annual YMCA Golf Tournament Fundraiser was held on Friday, August 20<sup>th</sup> at Chesapeake Bay Golf Club in Rising Sun. I would like to express my sincere appreciation to the over 32 sponsors of this year's event for their continued support.

*George C. Patchell*

George C. Patchell  
Executive Director

## GENERAL NEWS

Janet Nelson has been hired as the new Aquatic Director. She has over 12 years of YMCA experience. Please welcome her to our family.

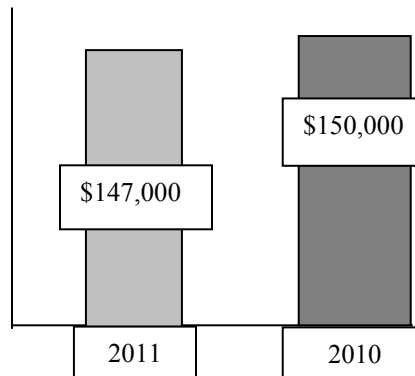
Once again this fall we will be placing our autumn tree in the front lobby for those individual's wishing to donate food, coats, mittens, and hats. Again, these programs are in conjunction with the Cecil County Help Center, and are distributed to needy individuals and families in Cecil County.

## Wish List...

The YMCA of Cecil County has the following items on its "Wish List" for 2011:

- TV sets
- Computer accessories
- DVD players
- \* Computers
- \* DVD Players

## Scholarship Total



## Program News...

*From the Desk of John Kampes, Program Director*

**YOUTH BASKETBALL-** Recreational Youth Basketball League registrations will begin in September. Players are taught basketball fundamentals and given the opportunity to demonstrate their learned skills in games. Practices will begin in November. Please read the new Fundraiser Policy for this program. The basketball program will begin the week after the Thanksgiving Holiday break.

**FIELD HOCKEY-** The YMCA will offer a fall outdoor field hockey program. It will include instructional time during the week and "play days" on specified Sundays. Upgrades and improvements to the program should make for another exciting year!

**VOLLEYBALL-** Youth Volleyball is back!! We will offer a skills and drills clinic for both coaches and players this year. Players are taught volleyball fundamentals and given the opportunity to demonstrate their learned skills in controlled scrimmages.

**JAGUARS-** If you get the chance please stop out and support the boys and girls playing and cheering in the Jaguar Football Program. Games are held at the YMCA on specified Saturdays.



**News from the Front (Desk)...**

Michele Nordmark, Office Manager

With school now in session, the air turning crisp and the trees starting to shed their leaves, why not think about a fresh start for you... with an exercise program that is! We offer a variety of great programs such as yoga, pilates, S.H.R.E.D, personal training, swim classes, youth fitness classes and cycling, just to name a few. If a member signs a friend/acquaintance up for a new membership, the member gets a month free on their current membership. Members please pick up a referral card at the front desk through October 15, 2011! Please see our front desk staff to register or inquire about any of our programs.

**Kids Corner: Amy Sexton,**

*Child Care & Youth Development Director*

Welcome to the YMCA Learning Center. We are off to a great start this school year. We still have a few spots left in our program. Please stop by the office if you have any questions. This years Martin Fundraiser will take place in the month of October. Class pictures are scheduled to take place on November 9<sup>th</sup> and 10<sup>th</sup>. Our Scholastic Book Fair will be held December 3-9<sup>th</sup>. *Think about the Holidays* - If you don't have children in our Child Care program but would still like to support the YMCA, please stop by the child care office to place an order. Also, stop by the Book Fair and purchase books for gifts. Remember both of these fundraisers support the YMCA Learning Center.

**In the Swim of Things...**

Janet Nelson, Aquatics Director

Hope everyone has had a great summer, now its time to brace ourselves for the cold. Our fall schedule is gearing up, and I am very excited about the changes we have made to some of our programs.

Fall/Winter Swim Team starts on September 19<sup>th</sup>. The team is growing every year, and practice times have been expanded to accommodate that growth. The new practice schedules can be found in the program guide or on the pool bulletin board. The pool will be closed during meets and open once they are finished. The pool closures for swim team are as follows:

Wed. Oct. 26, 2011, 4:00AM - 8:30 PM

Sat. Nov. 12, 2011, 11:00 AM - 7:00 PM

Sat. Nov. 19, 2011, 11:00 AM - 7:00 PM

Sat. Jan. 21, 2012, 11:00 AM - 7:00 PM

\*Lifeguard classes will be offered in October. Dates and class

**Fitness Fun...**

Janice Gavin, Fitness Director

As we move into the fall season come and join us at the **YMCA of Cecil County** and see all the exciting programs that we are offering as we continue to grow and expand in our community. We offer **Cycling classes** as well as a wide variety of other classes such as: Yoga, Pilates, Strength and Cardio classes, Zumba, Kettlebell, WOW training from beginner to hard core, early morning, mid-afternoon, to late in the evening. **Drop-ins are welcome!** Safe Sitter classes, Karate, Dance and Gymnastic classes for the Youth. We have bus trips to New York City and a Christmas House Party in Dec! The YMCA of Cecil County is your one stop Fun center!

**October 2011**

						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

19= Adult Lap Lane Closed from 5:30-7:30pm  
 21= School's Out  
 26=Swim Meet pool and hot tub closed from 4:00-8:30pm

**November 2011**

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

3,4, & 23=School's Out  
 12= Swim Meet pool and hot tub closed from 1100am-7:00pm  
 19= Swim Meet pool and hot tub closed from 11:00am-7:00pm  
 24=Closed in observance of Thanksgiving

**December 2011**

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

3=Book Fair Begins  
 23,27,28,29,&30= Holiday Camp School's Out  
 24=Closed at 12pm  
 25=Closed  
 31=Closed at 12pm