



**POOL SCHEDULE: FALL/WINTER 2011-2012**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
5:30-9:00 AM	Adult Lap Music Aquazzi*	Adult Lap	Adult Lap Music Aquazzi*	Adult Lap	Adult Lap Music Aquazzi*	Pool Opens 7:00 AM Adult Lap 7:30-8:30am	
9:00-10:00 AM	Music Aquazzi* Lap Swim	Adult Lap Deep Water Works Hydro-Pump3-10:30	Lap Swim	Adult Lap Deep Water Works Hydro-Pump9:30-10:30pm	DeepWater Works Lap Swim	Swim Lessons 8:30 AM-12:30 PM	
10:00-11:30 AM	Seniors** Swim Lessons 10:30-11:30am Lap Swim	Seniors** Swim Lessons 10:30-11:30am Lap Swim	Seniors** Swim Lessons 10:30-11:30am Lap Swim	Seniors** Swim Lessons 10:30-11:30am Lap Swim	Adult Lap Swim Lessons 10:30-11:30am	Swim Lessons 8:30 AM-12:30 PM	
11:30-12:30 PM	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Swim Lessons 8:30 AM-12:30 PM	
12:15-1:30 PM	Aqua Fit * & Lap Swim	Adult Lap	Aqua Fit * & Lap Swim	Adult Lap	Aqua Fit* & Lap Swim	Adult Lap Open Swim 1-8:30 PM Swim Team 2 lanes	Pool Opens 1:00 PM Open Swim 1-8:30 PM
1:30-3:30 PM	Open Swim* & Lap Swim	Open Swim* & Lap Swim	Open Swim* & Lap Swim	Open Swim* & Lap Swim	Open Swim* & Lap Swim	Open for Rental 1:30-3:30 PM & Lap Swim Swim Team 2 lanes	Open for Rental 1:30-3:30 PM & Lap Swim
3:30-5:00 PM	Open Swim Lap Swim Swim Lessons	Swim Lessons* Lap Swim	Swim Lessons* Lap Swim Swim Team 2 lanes	Swim Lessons* Lap Swim	Open Swim Lap Swim Swim Lessons	Open for Rental 4-6:00 PM & Lap Swim	Open for Rental 4-6:00 PM & Lap Swim
5:00-5:45 PM	Adult Lap	Adult Lap	Adult Lap Swim Team 2 lanes	Adult Lap	Adult Lap	Open for Rental 4-6:00 PM & Lap Swim	Open for Rental 4-6:00 PM & Lap Swim
5:45-7:30 PM	Swim Team 1 Lap Lane	Swim Team 1 Lap Lane	Swim Team 1 Lap Lane	Swim Team 1 Lap Lane	Swim Team 1 Lap Lane	Open for Rental 6:30-8:30 PM & Lap Swim	Open for Rental 6:30-8:30 PM & Lap Swim Swim Team 2 Lanes
7:30-8:30 PM	Evening Power 7:30- 8:30 PM* Lap Swim	Open Swim Lap Swim Swim Team 2 lanes	Open Swim Lap Swim	Evening Power 7:30 -8:30 PM* Lap Swim	Open Swim Lap Swim Swim Team 2 lanes	Open for Rental 6:30-8:30 PM & Lap Swim	Open for Rental 6:30-8:30 PM & Lap Swim Swim Team 2 Lanes
8:30-9:30 PM	Open Swim & Lap Swim	Open Swim & Lap Swim Swim Team 2 lanes	Open Swim & Lap Swim	Open Swim & Lap Swim	Open Swim & Lap Swim Swim Team 2 lanes	Pool Closes 8:30PM	Pool Closes 8:30 PM

**Lap Swim...**

Enjoy the company of other adults as you relax & swim laps in our 25 yard pool. Swimming is a great form of exercise because you utilize every muscle in your body. Participants are encouraged to share lanes. A lap lane is always available, except during home swim meets. Lap lanes are to be used by

**Open Swim...**

Open swim allows families & individuals to come in & use the pool for recreational activities, lap swim & fun. The training pool is open at all times, except during home swim meets. Signs will be posted.

CHECK POOL SCHEDULE FOR TIMES.

**Special Notes: Everyone must shower before entering the swimming pool and/or hot tub.**

These schedules are subject to change due to addition or deletion of programs or special events. Please watch for additional changes to be posted in the pool area. Lap lanes & Open Swim will not be available during home swim meets. Signs will be posted. **\*Please refer to the class schedule for times.**